



MOVE-IN CHECKLIST

We understand how stressful and time consuming the transition to senior living can be. As such, we have created this move-in checklist to help you and/or your loved one prepare for the move and to ensure no personal item is left behind. We hope this will help ease the stress as you embark on this new journey.



SENSORY & ASSISTIVE AIDS

- Glasses, Sunglasses, and Reading Magnifiers
- Hearing Aids, Case, and Batteries
- Cane, Walker, Chair, and Scooter
- Nutritional Supplements

MEDICAL EQUIPMENT

- Blood Pressure Monitor
- Glucose Meter and Strips
- Thermometer
- Lancets and Lancets Machine



TOILETRIES

- Storage Box and Bag for Toiletries
- Favorite Soap, Shampoo, Conditioner, and Hair Products
- Favorite Lotions and Powder
- Cosmetics
- Deodorant and Body Spray
- Perfume, Colognes, and After Shave
- Razors, Shaving Cream, Toothbrush, Toothpaste, Floss, and Mouthwash
- Dentures, Partials, Cleaner, and Case
- Nail File, Polish, Remover, Emery Board, Clippers
- Comb, Brush, Rollers, Pins, and Hair Dryer
- Hand Mirror
- Incontinence Briefs, Gloves, and Supplies
- Q-Tips and Cotton Swabs

CLOTHING

- At Least 7 Pairs of Underwear
- At Least 7 Pairs of Socks, Hose, etc
- At Least 7 Shirts and Bras
- At Least 7 Outfits Including Shirts, Pants, Dresses, etc
- Pajamas, Nightgown, and Robes
- Sweat Suits and Fitness Clothing
- Belts, Suspenders, Scarves, etc
- Hats, Wraps, Gloves, Sweaters, Coats, and Jackets
- Shoes – Consider Comfortable Dress Shoes and Slippers



TOWELS AND LINENS

- 2 Complete Sets of Sheets and Pillow Cases
- At Least 2 Pillows
- 3 Sets of Bath Towels, Hand Towels, and Washcloths
- Clothes Hamper and Hangers
- Comforter or Quilt

FURNISHINGS & FAMILIAR ITEMS

- Paintings & Family Photos
- Decorations
- Favorite Books & Knick-Knacks

If you would like more information on transition to senior living, you can contact Southern Comfort Senior Living by visiting southerncomfortseniorliving.com